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## Why The Vancouver Sun Thinks the Supreme Court Decision Is No Game Changer



In the light of the Supreme Court ruling last month that government and corporations must

## Manitoba Artist



### MANITOBAN ARTIST.....LIVING CLOSE TO THE EARTH AND THE "NORTHERN BUFFALO"

Artist, Irvin Head, may have resided in the little Manitoba northern community of Cranberry Portage, situated between The Pas and Flin Flon, for most of his life yet his ideas, creations and realities are brilliant, big and bold.

Source: Roxann Baker - Photojournalist

Photo Source: <https://www.facebook.com/irvin.head>

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have consent of the Tsilhqot'in First Nation to use land in B.C. People are now wondering, is this decision going to be subject to requirements? The Vancouver Star says: governments - including provincial governments - can continue to regulate land base where aboriginal title is claimed or proven.

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## Explore Careers by Occupation



If you are currently seeking employment this will be a great resource:

This is a unique website from the Government of Canada that allows you to do more than just search for jobs. You will be able to find available jobs, wages, outlooks, and job requirements specific to an occupation and location.

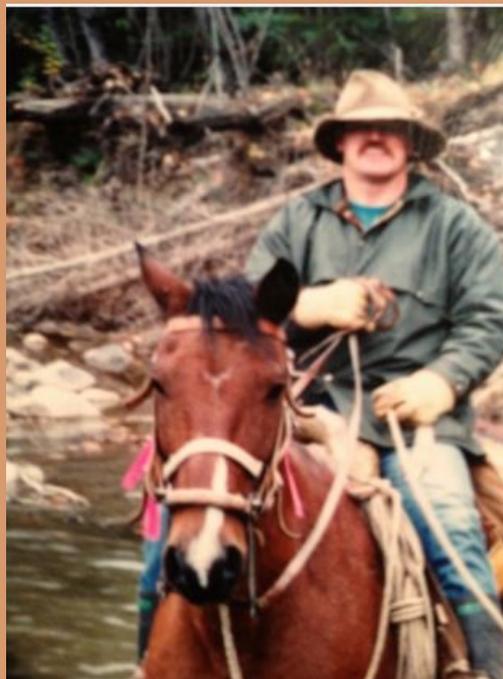
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I wanted to let you know I just finish reading the newsletter and what a great job. A big Thank You for the recognition. The newsletter is such what a great way to keep the community together, teaching and learning from each other. I particularly felt an affinity, a connection with Taylor James Laviolette featured in

## Skook's Journal

Historical Novels of North America: Horses, Horsemanship, Adventure, Romance, The Outdoor Life, Dogs, Wildlife, Packing with Horses, Trail Rides, Horses as Mentors, Horses as Healers



Source: Sent to us by our friend Skook  
Photo Source: [www.skooksjournal.com](http://www.skooksjournal.com)

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## The Shocking Story of The American Indian Genocide

We Were Not The Savages  
First Nation History  
by Daniel N. Paul

the April issue. The Métis artist presented are just so awesome. The way they express themselves through their art is fascinating.

*Paul Allaire*

### Having Trouble Deciding Where To Spend Your Summer Vacation?

## The Bruce Peninsula

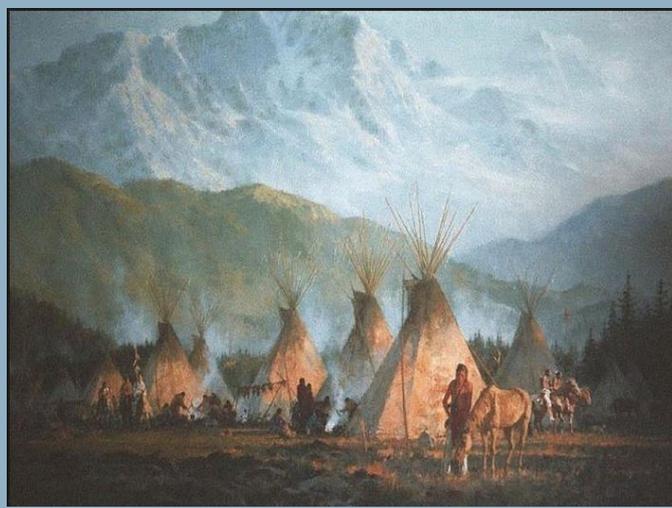


Up until the mid-19th century, the area known as the Bruce Peninsula was territory controlled by the Saugeen Ojibway Nations. The nations included the Chippewas of Nawash Unceded First Nation and Saugeen First Nation. Historical and archaeological evidence from the area concludes that at the time of first contact with Europeans, the peninsula was inhabited by the Odawa people, from whom a large number of local native people are descended. Oral history from Saugeen & Nawash suggests their ancestors have been here as early as 7500 years ago. The area of Hope Bay is known to natives as Nochemoweniing, or Place of Healing.

Source: Wikipedia The Free Encyclopaedia

Photos: Indian Head Cove, Bruce Peninsula  
Photo Source: Google Earth - 1) Zbigniew Samek  
2) Untitled  
3) treakearth - Obe Kant

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## The Hidden History of the Americans

### Mi'Kmaq, Maliseet etc., and European Relations

*Source: Our long time friend and member to the OMFRC communitiy Paul Allaire shared his friends article with us. Paul wrote, "I think its so important to know our history because we hope not to repeat it. The first people where only trying to protect their way of life, families etc. This type of article should be taught in schools because there are always two side to every story.*

*Photo Source: Free Native Wallpaper*

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## One of the Joys of Living in the Country

And on a lighter note, this little fellow showed up on our doorstep a few weeks ago looking for a friend. Our dog was more than happy to fill the bill.



**Ontario Metis  
Family Records  
Center**



**We're on the web!  
See us at:**

[www.aboriginalstatus.org](http://www.aboriginalstatus.org)  
[www.omfrc.org](http://www.omfrc.org)

**New Submissions**

Our editors are always looking for original submissions that would be of interest to our community. Do you know of any upcoming events that you would like to share either through the Newsletter or Facebook?

If you have something you would like to add to future issues we would be happy to consider it; please call or email putting Facebook or Newsletter material in the subject line!

613-332-4789

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**Friend or Foe that is the Question**

**The Future of Health**

**The Plantain Plant**

This little weed is one of the most useful medicines on the planet.



**Wild Plantain Stuffing**

3/4 cup chopped wild onion  
3/4 cup finely chopped celery  
3/4 cup butter  
1 bunch finely chopped watercress  
1 bunch finely chopped plantain  
3/4 cup breadcrumbs or broken cubes stale bread  
sage - optional  
salt and pepper to taste

Saute onion and celery in half the butter. Add the watercress and plantain. Season to taste. Cook until all liquids evaporate. Melt remaining butter, stir in breadcrumbs and add to watercress and plantain mixture. A savory dressing excellent with any food.

Source: A Taste of the Wild "Cooking with the Good Things From Nature's Garden" by Jack Tobin

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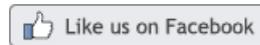
Email address:  
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**The OMFRC would like to thank everyone that is standing with us to support the Ontario Metis Family Records Center Community Facebook Page.....your response is nothing short of incredible!**

**Stay connected and celebrate your heritage! Share that you're a member of the OMFRC Community with your family members on Facebook. It has never been more important to stand up and be counted!**

**Have you visited our Facebook page? We welcome you to join our OMFRC Community - we want to hear from you.**



***Is Your Membership  
Coming Up for  
Renewal?***



***If it is, call 1-613-332-4789 and you can do it right over the phone in just a couple of minutes.***